

Subscribe to the Health Optimising Plan

Join the Health Optimising Plan for a 12 month period and you will get wraparound support from your personal Health Optimising Team – this includes your Lead Clinician and your Patient Care Assistant. Your Patient Care Assistant will answer your queries, navigate your treatment plan, and help to organise appointments, test results and prescriptions - a little like having a Healthcare Personal Assistant.

The Health Optimising Plan includes:

Telephone and Email support in between appointments. General advice and specific navigational advice for you to find the right support or treatment at the right time.

Special Offers.

From time to time special offers will be made available to you as a priority.

New Natural Doctor OnCall - Acute Same Day Response Service

You will benefit from our Natural Doctor OnCall hotline number. A Senior Clinician will be on call to help you between 8am and 6pm, Monday to Friday for acute advice.

£120 per patient per 12 months

Choose a Plan start date and your plan will run for 12 months.

If you join one of the Health Optimising Programmes, the Health Optimising Plan is included within this programme.

Please contact Winchester@healthoptimising.co.uk or London@healthoptimising.co.uk to request joining the Plan.

Information Hub

In the future, Health Optimising Plan Members will be offered the opportunity to access our Natural Health educational resource via The Patient Hub.

Not Included (these are all charged at retail rate)

Assessments, Treatments and Therapies, Skype or Telephone Consultations, Email support from therapists outside of your nominated team. Also Supplements, Homeopathy Acute Service and Products, Tests, Shop or Support Products.

